

**SONG FOR YOUNG CARERS BY ORITSÉ WILLIAMS  
COMMONWEALTH YOUNG CARER CHAMPION**



*Oritsé Williams sings for young carers at St James Palace*

**Commonwealth Young Carer Ambassador, Oritsé Williams, and COSW have released a video of his song for young carers specially written for the Commonwealth Youth Awards 2023 and first performed on 14<sup>th</sup> September at St James Palace in the presence of an audience of young people and dignitaries, including the Duke of Edinburgh, the Secretary General of the Commonwealth, many Ministers of youth affairs and High Commissioners.**

The specially written song draws on Oritsé's own experience as a teenage young carer after his mother was diagnosed with Multiple Sclerosis. The powerful music and meaningful lyrics include sentiments like: 'Young carers are precious like gold' – 'Oh how you're shining' – 'We all feel pressure' and 'just remember that, through everything you go through, there are people in the world who love you' ending with 'maybe you can feel what young carers in the Commonwealth feel'. The passionate performance drew an emotional response from the whole audience.

COSW is pleased to be working with Oritsé over the coming year to promote the Commonwealth Young Carer Charter and bring the real lives of young carers to the attention of the Heads of Government Meeting in Samoa in October 2024.

Oritsé and JLS have just completed a highly successful UK stadium tour which included a video about his personal journey and experience as a young carer which inspired the formation of the group. The *Song for young carers* is available on the Commonwealth Organisation for Social Work [YouTube](#) channel and [website](#).

13 November 2023

**ENDS**

**NOTE FOR EDITORS:** COSW is an organisation for citizens of the Commonwealth who are interested in supporting social work and social development. It is supported by social work associations in the Commonwealth. It aims to promote and support communication and

collaboration between social workers and social work associations of Commonwealth countries, and to uphold and promote the code of ethics of the International Federation of Social Workers.

The Young Carer Charter can be found [here](#). This statement can be found on the [COSW website](#).

The Charter was referenced in recent communiqués from [Health Ministers](#) and [Youth Ministers](#)

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